

## 2019 HARMONY DAY

*Celebrating Australia's Cultural Diversity!*

Recently we celebrated Harmony Day's twentieth anniversary. Harmony Day was established to celebrate Australia's cultural diversity and to be a day of cultural respect for everyone who calls Australia home. Harmony Day is all about inclusiveness, respect and a sense of belonging for everyone. Something that forms the very backbone of HRHS' core values and our school philosophy!

For twenty years schools and workplaces around the country have put on wonderful celebrations.

As a school we had an official assembly and awarded those students who have been showing harmonious behaviour.

Years 7 to 10 engaged in activities throughout the school, testing their navigational skills, karaoke, puzzles and more.



*The teachers and staff of HUNTER RIVER HIGH SCHOOL wish all our students and school body a wonderful and safe school holiday break. School resumes for all students on Tuesday 30 April.*



# HARMONY DAY



# HARMONY DAY AWARD RECIPIENTS

## **CAPA**

- Stage 4 Emmy Miller and Jackson Walker
- Stage 5 Konnie Considine and Lydia Bailey
- Stage 6 Caitlin Neil and Harry Dasilveira

## **Maths**

- Stage 4 Daniel Vanderburg and Jack Jenkinson
- Stage 5 Sharni Toll and Nathan Booth
- Stage 6 Tahlia Harding and Olivia Nunn

## **Secondary Studies**

- Stage 4 Bethany Martin and Braidon Brown
- Stage 5 Oliver Lamb and Sara Daymond
- Stage 6 Logan Bridge and Jade Priestly

## **SSS**

- Stage 4 Justin Russell and Phynix Bridge
- Stage 6 Zoe Hockings and Angus Parker

## **TAS**

- Stage 4 Tahlia Jarvie and Lilly Nityamat
- Stage 5 Bonnie Jarmain and Megan Bowden
- Stage 6 Ryan Coward and Amber Sloss

## **English**

- Stage 4 Bailey McGinty, Ethan Armstrong, Elleena Hellicar and Maddison Cunningham
- Stage 5 Toby Avery and Kalan Butler
- Stage 6 Hannah Avery and Angel Baker-Vollmer

## **HSIE**

- Stage 4 Kate Gentle (Year 7) and Daniel Vanderburg (Year 8)
- Stage 5 Sebastian Stephens-Young (Year 9) and Felicity Webb (Year 10)
- Stage 6 Hannah Avery (Year 11) and Samuel Price (Year 12)

## **PDHPE**

- Stage 4 Chloe McDonald and Lilly Nityamat
- Stage 5 Ryleh Callcott, Kane Bolton and Lachlan Callcott
- Stage 6 Matilda Sandeman and Madisen Riley



# HRHS CROSS COUNTRY

Congratulations to all students who participated in our Cross Country.

**King of the Course:** Bailey Steed  
**Queen of the Course:** Rebecca Drew

House Points		
1 <sup>st</sup>	Pindaree	187 Points
2 <sup>nd</sup>	Kurratoo	183 Points
3 <sup>rd</sup>	Attunga	157 Points
4 <sup>th</sup>	Cooranga	138 Points

## Age Champions

Age	Girl	Boy
12	Indiana Page	Kye Jenkins
13	Larah-Kate McNab	Baydn Burns
14	Rebecca Drew	Danny Harding
15	Tamika Dickson	Brock Schuck
16	Elizabeth Hollings	Kane Bolton
17	Lia Demirjian	Bailey Steed
18+		Kane Chester





# HRHS CROSS COUNTRY

A big thank you to all photography students from 10Photo, 11VA and 8VAO for providing these great photos!





# SPORTING ACHIEVEMENTS

## CHS Squash Team

Jack Jenkinson was successful in gaining Hunter selection in the Hunter CHS Squash team. Jack achieved a winning record on the day and as a result was selected to represent the Hunter as an U'15 player. The CHS tournament will be held from 2-4th July at Thornleigh Sydney.



## Under 15 Rugby League

Five students were selected in the Hunter Regions Under 15 Rugby League team. Corey Radford, Cory Bolton, Jake Oliver, Matthew Hughes and Jack Langdon will travel to Coffs Harbour on the 7th May to trial for the Northern NSW Under 15 Rugby League side. Well done! This is a fantastic achievement.

## Girl's Under 15 Soccer Team

The HRHS Girl's Under 15 Soccer Team played Bishop Tyrrell Anglican College in the first round of the Bill Turner Trophy competition. The girl's played extremely well to win the game 1-0. Learnah Lilley scored the only goal of the match after a sensational cross by Grace Kirk. The team will now play St Phillip's Christian College, Waratah in the second round of the competition.

## Boy's Under 15 Soccer Team

The U15 Bill Turner Cup Soccer team played in their first round game on Monday. Unfortunately the team went down to Irrawang High School in a tough match. The boys showed great sportsmanship and effort throughout the game!



Music staff at Hunter River High School are Mrs Christine Carroll, Mrs Belinda Hungerford and Miss Grace Parker. In Year 7, the students complete 100 hours of mandatory music and then have the opportunity to select it as an elective in Year 8 through to Year 12. Throughout the year, we provide a range of opportunities for our students to perform including our CAPA Concerts, Showcase, Education Week and visits to local nursing homes and other venues in our local area. We also run extra curriculum programs including VocaLeague and guitar lessons. VocaLeague has been running at the school for the past few years and provides an opportunity for students to engage in singing as a group and developing their skills in harmonising. This program is run by Sarah Evans.

We are also very fortunate to have a guitar teacher, Bill Williamson, tutoring our students. If you are interested in finding out more information about guitar lessons, please contact the school. Other ensemble groups include ukulele group, karaoke and vocal group, tutored by Mrs Louise Krick.

Students also have the opportunity to use the music rooms in their breaks and develop their skills in playing the guitar, drums and keyboards

Some of our music students are currently working towards performing in the upcoming Term 1 CAPA Concert, also featuring our gifted dancers and photography students.

**The CAPA Concert will be held from 12-1pm on Tuesday 9<sup>th</sup> April at the Hunter River High School Hall. Cost is a gold coin donation. Students, parents and carers are all welcome. We hope to see you there!**



HUNTER RIVER HIGH SCHOOL  
*presents the*

**TERM 1**  
**CAPA**  
**CONCERT**

FEATURING  
THE MUSIC, DANCE & PHOTOGRAPHY  
STUDENTS OF HUNTER RIVER  
HIGH SCHOOL

**TUESDAY 9TH APRIL**  
**THE HALL, HRHS**  
**12-1PM**

COST GOLD COIN DONATION



# SENIOR STUDIES

All of Year 11 have been involved in Post-School Options Workshops in Week 9 and 10. These workshops were funded by The Smith Family and the aim is to support students with ensuring their senior learning is maximised and transition pathways post-school are understood. A big thank you to Clontarf catering for catering these workshop

## YEAR 11 POST SCHOOL OPTIONS WORKSHOP

Hunter River High School

Wednesday 27 March & 3 April 2019





## HRHS BOTTLE RECYCLING

Hunter River High School has started a bottle recycling initiative. The aim is to reduce the amount of waste that is sent to landfill from our school. We are doing this by collecting drink containers that are eligible for the Return and Earn program and depositing them at the Raymond Terrace Return and Earn station. So far, we have deposited over **3000** drink containers that would have otherwise ended up in landfill.



We have yellow bins around the school specifically for the collection of drink containers, and students from the SSS faculty collect the bottles and deposit them on a regular basis.

Part of the money raised by this initiative will be going towards charity. A different charity will be chosen by the SRC each term. The charity that has been selected this term is World Vision. So by putting drink containers in the yellow bins, students are supporting children in developing countries to access food, water, health care, education and more.



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## SCHOOL EXPEDITION: BORNEO TREK 2020

As a school, we are very excited to announce that we have chosen to partner with Camps International to offer students in Years 8, 9, 10, and 11 the opportunity to go on a life-changing expedition to Borneo in 2019/2020 school holidays.

This expedition will allow students to live alongside rural communities and work on projects which could include helping to build classrooms, community centres, combating deforestation or protecting wildlife. Students will also undertake an adventure element, and this year we have chosen a 4-5 day trek through the jungle.

Since Camps International started running expeditions in 2002, over 22,000 students have travelled with them from around the world. These students have collectively completed over 80,000 weeks of volunteering, worked on truly inspirational projects which have positively impacted on the lives of over 103,000 people.

We have chosen to offer students the chance of going on expedition as we recognise the benefits not only to the communities they will be supporting, but because it is a fantastic opportunity for their own personal development – creating unforgettable memories and undertaking an incredible experience which they can include in university and job applications.

Students gain and demonstrate a huge number of skills and experiences through their fundraising activities and during the lead up to and on their expedition. Every year, most of the students who undertake expeditions like this, fundraise 75% or more of the total cost of their expedition.



Going on expedition is an amazing opportunity for your son or daughter to step outside their usual comfort zone and into another culture and country, putting their learning into practice. Whilst away, students grow in self-confidence, improve their communication and team building skills and experience first-hand how much impact just one person, working as part of a team, can have on the world.

***Students can see Mrs Jones in the Library for more information.***



If you'd like to see examples of previous expeditions to Borneo, you can see photos at the Camps Twitter feed [www.twitter.com/campborneo](https://www.twitter.com/campborneo)

***Going on expedition is an amazing opportunity for your son or daughter to step outside their usual comfort zone and into another culture and country, putting their learning into practice.***



## DATES FOR THE DIARY

9 Apr	CAPA Concert
10-12 Apr	Year 7 Camp
12 Apr	Last Day of Term 1
30 Apr	School returns for ALL students
1 May	Hunter River High School Athletics Carnival
2 May	ANZAC Day Formal Assembly
3 May	Zone Cross Country
10 May	Mother's Day Morning Tea
14-24 May	NAPLAN
28 May	P&C Meeting at 6pm in the Library
28 May	Writing/Literacy workshop 7pm—8pm



## Hunter River High School P & C Association

*Please note the change in time and location for our next meeting*

**Tuesday, 28 May, 2019 at 6.00pm**  
**Venue: Library**

**Refreshments available – All welcome**  
**Followed by the Writing/Literacy workshop from 7pm to 8pm**

*The P & C meets on the fourth Tuesday of each month come along and be involved in the future of your child's school.*

### School Drive Subsidy

Here is the link to subsidised travel to and from school in private vehicles where there is no public transport available.

<https://apps.transport.nsw.gov.au/ssts/#/schoolDriveSubsidy>

### Change to finish time on a Friday

Please note that the school day will finish at 1.50pm each Friday.

The canteen will serve food from 1.50 – 2.20pm, students will be able to leave school. If you would like your child to remain at school, please ensure you have returned the note sent home with students and emailed to families.

Those remaining will be supervised. Students leaving are required to go directly home and can **not** return to school to catch buses.

At this point, the school buses will run at their usual times. This change will allow staff structured professional learning to take place from 2.20-3.20pm each Friday. This decision was ratified by the P&C .

**RECEPTION DUTY:** Students in Year 7 and 8 participate in Reception Duty up to three times per year. This enables the school to function more effectively and students become more confident and gain independence in a range of situations. Students are advised in Roll Call when it is their turn. Reception duties involve taking urgent messages to teachers and students during the day, assisting the Principal/ Deputy Principal as directed, assisting in the Photocopy Room and Clerical Office as required. The procedures for students are:

1. Ensure you are in full school uniform
2. At the end of Roll Call, go to Admin 1
3. Bring some work to do
4. Please inform the office staff if you have an

Assessment Task (eg: assignment of test) due as you are still required to fulfil this requirement. If you do not wish your child to participate in reception duties please notify the school in writing. Any further inquiries please contact the school.

## SCHOOL ATTENDANCE & PARTICIPATION

Must my child attend all activities, including PE and sport?

**YES...** Sport and other physical activities help to keep your children healthy. Children are expected to attend all regular school activities, including sport students should not take time off from school for the following:

- birthdays;
- shopping;
- minding other children;
- routine check-ups or care such as haircuts;
- minor family events;
- sleeping in; and
- non-urgent medical and other health appointments for your child need to be before, after school, or during the school holidays.

All students that do leave school early must be picked up by a parent or a registered emergency contact. Students are to be accompanied when leaving school.



# BUS CODE OF CONDUCT

Parents and Carers of students who travel on buses please discuss the code of conduct for bus travel with your child/children.

Please reinforce the expectations of appropriate behaviour in relation to travel to and from school on buses.

The link will redirect to the Transport NSW website where this information was sourced.

## Code of conduct for school students on buses

It is every student's responsibility to behave in a manner that ensures the safety and comfort of passengers and drivers. This includes:

### Behaviour on buses

- Use appropriate language not offensive or racist language
- Fighting, spitting, feet on seats, throwing things in or from the bus is not permitted
- No eating or drinking (other than water) - unless for medical reasons or the bus operator gives written permission.
- Offer seats to adults including people with a disability, elderly or expectant mothers
- Do not push or shove other people
- Do not bully or harass other passengers or the driver
- Avoid attracting the attention of the driver except in the case of emergency
- Do not play music at such volume that it may distract the bus driver or other passengers.

### Safety on and near buses

- Obey reasonable directions from the driver (e.g. where to sit or to remain in the bus)
- Remain in your seat - do not move around the bus unnecessarily
- If standing, remain behind the front passenger seat and keep a secure hand hold at all times
- Keep bags and other items clear of the aisle
- Do not allow any part of your body to protrude out of the bus at any time
- Wait for the bus in a quiet and orderly manner - including at bus interchanges
- Stand away from the roadside until the bus comes to a complete stop
- Allow other passengers to leave the bus before stepping onto the bus in a single line
- Wait until the bus stops before moving to get off the bus at your designated stop
- Cross the road where and when it's safe to do so, use crossings/traffic lights where available.

### Legal considerations on buses

- Wear the seat belt properly adjusted and fastened, if one is available
- Obey the law that bans smoking on buses
- Ensure that buses are not vandalised - report any damage, e.g. graffiti and window etching, to the driver
- Do not interfere with bus property, equipment and signage
- Do not leave rubbish on the bus, or at bus stops or interchanges.

### Using bus passes:

- Show travel passes or tickets to the driver on boarding and to Authorised Revenue Protection Officers, NSW Police Officers or bus company representative when requested
- Use the travel pass only for its intended purpose - do not lend your pass to other students or borrow a pass from them
- Swipe or 'dip' passes in ticket readers if available when boarding
- **If issued with a School Opal card, always tap on when boarding and tap off when leaving the bus.**

Disobeying these rules may lead to the withdrawal of bus travel passes, banning students from travelling on buses and/or police prosecution and court action.



Hunter River High School has been selected by the Australian Curriculum, Assessment and Reporting Authority (ACARA) to participate in this year's NAPLAN 2019 Equating Study. The NAPLAN 2019 Equating Study is being held in approximately 420 schools across Australia and our students will be completing the test on **Wednesday the 8th May 2019**.

There will be 2 groups of 25 students randomly selected from year 7 and year 9 to complete the equating tests. The students selected will bring a note home to their parents/carers.

The equating tests have occurred each year since 2009. Each year a small number of schools participate. Schools are carefully selected to ensure a diverse range of student backgrounds and abilities are represented. The purpose of the Equating Study is to enable the results for the NAPLAN tests to be reported on the same NAPLAN measurement scales from one year to the next.

ACARA appreciates the participation of children in the Equating Study. A child's involvement and the results from this study will help ACARA ensure that parents, teachers and schools can rely on NAPLAN results and be confident that the information is valid and comparable. Please be assured the equating test is about ensuring NAPLAN results can be reported comparably, not about testing a child. The child's results are not reported.

Students will sit only **one** paper-based equating test in either Reading, Language Conventions, Numeracy or Writing. The equating test will be paper-based even if the student is sitting NAPLAN Online in May. The tests will be administered at the school by trained test supervisors. The teacher will remain in the classroom. Mrs Brain or Mrs Olds will be the teacher in the room with the test supervisor.

All selected students are expected to participate in the Equating Study, unless they have been exempted or withdrawn from NAPLAN tests. If you have questions about the equating tests, you can contact Fiona Brain or Fiona Olds on 49872306.

Further information about NAPLAN is available at <http://www.nap.edu.au>



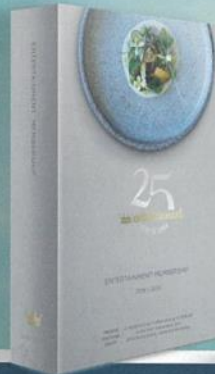
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## Hunter River High School

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## Hunter River High School

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Hunter River High School

**For more information or to arrange collection of your Entertainment Membership please contact: Leanne Hendriks Phone: 0249872306 Email: LEANNE.HENDRIKS@det.nsw.edu.au**

**Alternatively, please complete your details below**

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# FOOTGOLF EVENTS

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**TREAT YOUR EMPLOYEES, STAFF AND CUSTOMERS TO AN OUTDOOR TEAM ACTIVITY EVERYONE CAN PLAY!**

- FootGolf = Football (soccer) + Golf
- Played on a golf course using a soccer ball which is kicked into larger holes
- Play 9 holes in just 45 mins, and finish up with a meal or drinks at the clubhouse!
- Fun, social or competitive game that is easy to play
- Any group size up to 200 players!

## FOOTGOLF EVENTS

We have packages for team days, team building, social and fundraising groups. Treat your customers, staff or employees to a fun, unique event. It will certainly be one they will talk about!

### BASIC PACKAGE (15 PLAYERS+)

- Round of FootGolf including ball hire from \$15pp

### ADD-ONS FOR EXTRA FUN

- Drinks cart service on the course while playing
- Hire golf carts for all players (2 per cart)
- Meals before or after at the Clubhouse. BBQ, share plate, nibbles or sit down options available.
- Coaching and advice from a Team Australia player
- Designed invitation with your company logo
- 2 minute video of your FootGolf day

## REAL FUTURES FOUNDATION

Quote RFF50 when booking online or direct, and 50% of your event player fees will be donated to the Real Futures Foundation to support youth programs in Port Stephens.



There are plenty of options available to make this a great day including longest drive and hole in one competitions. A wide range of catering options are available. Get in touch to discuss more!

5 Horizons Drive Salamander Bay NSW 2317 | Enquiries: 0414 210 249 | [FootGolf@Horizons.com.au](mailto:FootGolf@Horizons.com.au)





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(02) 4942 1848

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(02) 4956 2477



## Disability Support Services in Port Stephens



### We're here to support you

Our disability services in Port Stephens are built around the needs of our customers.

### What we offer

Our Port Stephens Community Hub offers a comprehensive range of programs which cater to the individual interests and abilities of each participant.

Through its Day Program, the Hub's dedicated team helps people develop friendships, daily living skills and the confidence to pursue interests and community connections.

The Hub offers a calm and creative environment for people to engage in social, community and recreational activities.

Transport to and from the Hub to access our Day Program is available.

We also provide transition support for young people with a disability who're leaving school.

Lifestyle Solutions offer other services available through the NDIS such as:

- = Support Coordination
- = Supported Independent Living
- = Individual Support.

### Talk to us

Contact one of our friendly staff at Lifestyle Solutions on 1800 634 748 for more information.



### Our location

Shearwater Business Park,  
3/7 Sky Close,  
Taylors Beach NSW



# KIMURA SHUKOKAI INTERNATIONAL KARATE

## Port Stephens

*A new Karate Dojo has started at Hunter River High School hall!*

Training:

Tuesdays 3.30 to 4.30 pm  
And  
Thursdays 3.30 to 4.30 pm

Warrior: Students 9 – 16 years and Senior: Students over 16 years.  
Entry via the gate nearest to the School Hall at the Elkin Ave roundabout.  
Wear shorts or tracksuit pants – A Uniform (Gi) will be provided on joining.

Cost: \$65 per month

For further information visit our Facebook page:

Kimura Shukokai Karate Port Stephens or call Sensei Ross or Sensei Alex on 0490 106 085

SHUKOKAI – THE WAY FOR ALL



## The Smith Family Saver Plus Program



# Could \$500 help you with school costs?

Join Saver Plus and we'll match your savings, dollar for dollar, up to \$500 for school costs.

-  laptops & tablets
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-  sports fees & gear
-  camps & excursions

To join Saver Plus, you must have a Centrelink Health Care or Pensioner Concession Card, be at least 18 years old, have some regular income from work (you or your partner), and have a child at school or attend vocational education yourself.



**Contact**

Cynthia Culhane  
your local Saver Plus  
Coordinator

**Phone**

02 4032 4703  
1300 610 355

**Email**

cynthia.culhane@  
thesmithfamily.com.au

**Web**

[www.saverplus.org.au](http://www.saverplus.org.au)



Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ, delivered in partnership with Berry Street, The Benevolent Society and The Smith Family and other local community agencies. The program is funded by ANZ and the Australian Government Department of Social Services. Go to [www.dss.gov.au](http://www.dss.gov.au) for more information.



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## RhyTHmS Café Summer Menu and Price List 2019

Breakfast	Cost		Cost
<b>Every day choices</b>		<b>Fresh Sandwiches</b>	
Seasonal fresh fruit (g)(v)	0.50	Create your own flavour – order only - from	2.00
Fresh Fruit tubs (g) (v)	1.00	Egg* and lettuce and mayo (V)	2.00
Yoghurt – mango, straw., rasp., vanilla, berry, pasionfruit	1.50	C L M – chicken, lettuce and mayo	2.50
Toasted sandwiches – ham & cheese	2.00	Ham, cheese and tomato	2.50
Cheeseburgers bbq or tomato sauce	3.00		
<b>Occasional choices</b>		<b>SUSHI varieties</b>	4.00
Cheese and Bacon Rolls	1.50		
Vegemite & Cheese Scrolls	1.50	<b>Wraps</b>	
Muffins (chocolate/blueberry/apple)	1.50	Roast chicken, spinach leaves, aioli	2.50
Egg & Bacon Roll BBQ sauce	3.00	Ham, tomato, slices, cheese	2.50
		Salad leaves, cucumber, onion, tomato, cheese, carrot, mayo	2.50
<b>LUNCH Menu (reduced fat varieties)</b>			
<b>Every day choices</b>		<b>Fresh Salad</b>	
Order Only - Noodle Cups: Beef or Chicken	2.50	Lettuce, tomato, cucumber, onion, carrot, boiled egg, shredded cheese, mayo(v)	4.00
Hot corn on the cob	1.00	With: chicken, ham or salmon	5.00
Chicken & gravy roll	3.00		
Chicken burger – flame grill chicken, lettuce, low fat mayo	3.00	<b>Drinks</b>	
Hot Chicken Wrap – chicken breast tender, lettuce, tomato cheese BBQ / chilli sauce	4.00	Water 600ml	1.00
Hamburger – Lettuce, tomato, cheese, beetroot, meat patty, bbq sauce	4.00	Water 1.5 litre	2.00
<b>Occasional choices</b>		Berri Juice 250ml – orange, ABC, apple	2.00
Garlic Bread	1.00	Up n Go - chocolate, strawberry, vanilla, caramel	2.00
Sausage rolls	1.70	Dairy Farmers Classic milk - 300ml	
Spinach & Ricotta Rolls	2.00	chocolate, strawberry, iced coffee	2.00
Plain pie	3.00	Dairy Farmers Classic milk – 500ml	
Potato pie	3.00	Chocolate, strawberry, ice coffee, vanilla malt	3.00
Chicken fingers - break 2 only	2.50		
Seasoned potato wedges - break 2 only	2.50	Slush Puppie - grape, strawberry, raspberry	2.00
<b>Weekly special – everyday choices</b>		<b>Ice cream treats</b>	
Week 1 Sausage sizzle with sauce	1.00	Jucies – orange, lemon, mixed berry, tropical	1.00
Week 2 & 7 Butter chicken with rice	4.00	Bulla Ice Cream Tub (g)	1.00
Week 3 & 8 Torpedo roll with mince & cheese	4.00	Twister Yoghurt -	2.00
Week 4 & 9 Café Pizza – ham & cheese or BBQ chicken, tomato sauce & mozzarella (v)	4.00	Watermelon, strawberry, blueberry, chocolate	2.00
Week 5 & 10 Burritos	4.00	Weiss Bars	1.50
Week 6 & 11 Fish and chips	4.00	Paddle pop – chocolate, rainbow	0.50
		<b>Snacks</b>	
		Popcorn (g) (v)	1.20
		Sea Salt Red Rock Chips (v) (g)	1.20
		Honey Soy Red Rock Chips	